



### Spending your CalFresh EBT at the farmers' market is easy!

Conveniently located all across California, farmers' markets are family-friendly, open-air marketplaces where California farmers sell fruits and vegetables, and other healthy foods—right in your community.

Using your CalFresh EBT card to buy food from the farmers' market is easy. Here's how:

- 1. Find the farmers' market nearest to you by going to fmfinder.org or referencing the flyer (Outreach workers: if you need an updated flyer for your region, please contact marketmatch@ecologycenter.org)
- 2. Go to the farmers' market info booth or find the market manager
- 3. Swipe your EBT card and receive EBT scrip (tokens or vouchers)
- 4. Spend your EBT scrip with the vendors in the market and enjoy the bounty of the season!

#### Additional tips:

- All of the produce at a certified farmers' market is grown locally and harvested when it is inseason, meaning that everything is fresh, full of flavor, and often more affordable.
- When you shop at a farmers' market you're buying *directly from the farmer who grew the food*, which means you're supporting the local economy and helping farmers get a fair price.
- Some markets offer Market Match, a federally-funded nutrition incentive program that DOUBLES the value of CalFresh purchases at participating farmers' markets. For every dollar of CalFresh scrip that a customer purchases, they are given an extra Market Match dollar, which can be spent only on fruits and vegetables. The maximum match level varies by market. At many markets, this means that for every \$10 of CalFresh benefits spent, the customer gets \$20 worth of healthy food! Check with the market manager or go to FMFinder.org for more info.
- Individual vendors in the market are typically not set up to swipe CalFresh EBT cards directlythis is why customers must go to the info booth or market manager first, to swipe their card and get tokens/scrip to spend with the vendors in the market. The market manager later reimburses the vendors for the tokens they collect.
- Tokens may be spent on any items that are SNAP eligible (i.e. fruits, vegetables, nuts, eggs, honey, meat, baked goods, edible plant starts, hummus, jams, pickles, etc). Tokens may not be spent on hot or ready-to-eat foods--same as the grocery store. If you have questions about specific items in the market, ask the market manager.
- No change may be given for the tokens. Customers should try to get as close to the nearest dollar as possible. Vendors usually help with this and are quite generous!
- Tokens/ scrip does not expire, meaning that if a customer does not spend all of their scrip in one day, they can bring them back the following week.
- Each farmers' market association typically has its own scrip which can only be spent at markets run by that association. Check with the market manager to find out if there are other locations where the tokens may be spent.







# Making Farm-Fresh Food Affordable

There has been a remarkable decrease in the cost of food over the last century. Unfortunately, it has come at the expense of our health. Developments in government policy, agricultural technology, and the food processing industry have created highly processed, artificially cheap, unhealthy foods that are often the most affordable and available foods to California's low-income families.

The result is a population that disproportionately suffers from heart disease, diabetes and other diet-related disease at rates far above the national average. The national epidemic of diet-related disease not only impacts California's low-income families; everyone in our state pays the price of these higher medical costs. The full cost to the state of California including disability payments, loss of work, and early death is estimated at \$24 billion per year. We simply cannot afford the health costs of cheap food.

#### Market Match: A Healthy Incentive

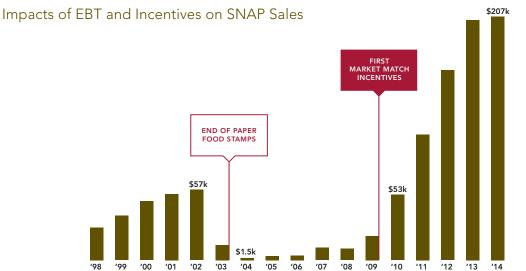
Market Match was founded in 2009 by Roots of Change to help California's low-income communities receiving SNAP, (formerly known as food stamps) and other federal nutrition benefits, gain access to healthy food and support small and mid-sized farmers. Since 2012, the program has been led by the Ecology Center, bringing 25 years

of experience operating farmers' markets, over ten years assisting markets establish SNAP (known as CalFresh in California) EBT access, and providing leadership for the newly formed California Alliance of Farmers' Markets.

Market Match builds upon California's growing farmers' markets EBT shopping infrastructure: when a SNAP shopper uses his/her EBT card at a market offering Market Match, those SNAP funds are matched, dollar-for-dollar up to, on average, \$10. Those additional funds are the *Market Match*. This incentive is given to the shopper in the form of unique Market Match scrip that can only be spent on fruits and vegetables.

Market Match is a proven incentive program that helps those on SNAP, WIC and other assistance programs access the healthiest locally-grown food possible. Market Match is a powerful incentive to low-income shoppers helping them to join the millions of Californians seeking a better diet and healthier lifestyle.

Farmers' markets are for everyone, not just the elite locavore—but everyone! Market Match is important because it allows those with [CalFresh] EBT to double their money and give twice as much back to the farmers.



One of the founding Market Match Consortium partners, Pacific Coast Farmers' Market Association (PCFMA) demonstrates the change in SNAP sales at their Bay-Area farmers' markets.

Market Match has proven to be extremely effective as an incentive for sustaining healthier eating. In the national 2013 SNAP Healthy Food Incentives Cluster Evaluation, 93% of customers reported that the incentive was what drew them to the market to spend their SNAP benefits. Since its inception in 2009, Market Match has inspired 310,000 low-income shoppers to purchase 18 million servings of fresh fruits and vegetables with their food assistance dollars and Market Match incentives.

### **Demand Exceeds Current Funding**

Market Match is currently serving 260 farmers' markets and other farm-direct outlets throughout the state. But with millions of people receiving SNAP benefits and other nutritional assistance benefits, the demand far exceeds the current Market Match funding and participating markets. As more people become aware of this remarkable program, the base of incentive and operation dollars will need to grow to serve these customers. Additionally, Market Match consistently receives new requests from farm-direct outlets that it is unable to onboard due to funding limitations.

## Increasing the Bounty: The Opportunity for Support

The USDA, through its Food Insecurity Nutrition Incentive (FINI) Program, will match \$100 million in fiscal years 2015-19. The program matches state and private sources dollar-for-dollar. In 2016, California's budget included \$5 million for the California Nutrition Incentives Act, which will draw down additional federal matching dollars. With this funding secured, Market Match has the opportunity to expand significantly. This is an exciting - and crucial - moment for additional support to add to this effort.

Every dollar invested today drives economic activity, improves the health of low-income communities, and saves California money. Building a public-private partnership can leverage this innovative program into an impactful statewide driver, and national model, for health and economic development.

Market Match is a proven statewide program with 30 strong regional partners. We are ready to significantly increase our scope, and reach more Californians who need it the most. \$1 million in non-federal funding could result in \$10 million in SNAP spending on fresh fruits and vegetables, or a healthy 20,000,000 servings. And that's a healthy choice we can all get behind.

We are excited to provide leadership and direction for Market Match, creating a triple win—for low-income families, for farmers and for the community at large. Our goal is to build a robust public-private partnership to fund and promote Market Match, building towards serving customers and farmers in every region of the state.

Martin Bourque, Ecology Center's Executive Director

# You can now spend your

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# CalFresh EBT



at your Farmers' Market, on locally-grown,

Fruits & Vegetables!

PARA SUS FRUTAS Y VEGETALES CULTIVADOS LOCALMENTE!

These locations welcome your CalFresh **EBT** card: ESTOS MERCADOS ACEPTAN SU TARJETA CALFRESH EBT:

- **ALAMEDA** Haight Ave & Webster St. Alameda 9am-1pm, Saturdays & Tuesdays Year-Round
- **ODDITION OF THE PROPERTY OF T** Center St. & MLK Jr Way Berkeley 10am-3pm, Saturdays Year-Round
- NORTH BERKELEY Shattuck Ave. & Rose St. Berkeley 3pm-7pm, Thursdays Year-Round
- NOUTH BERKELEY Adeline & 63rd St. Berkeley 2pm-6:30pm, Tuesdays Year-Round
- **CASTRO VALLEY** Redwood Rd. & Norbridge Ave. Castro Valley 10am-2pm, Saturdays May - October
- **DUBLIN** Central Parkway & Tassajara Rd. 4pm-8pm, Thursdays April - September
- BAY STREET EMERYVILLE Bay Street Mall Emeryville 3pm-7pm, Saturdays April - October

CENTERVILLE Fremont Blvd. & Bonde Way 10am-2pm, Saturdays Year-Round

- > IRVINGTON Bay St. & Trimboli Way Fremont 9am-2pm, Sundays Year-Round
- **WAISER FREMONT** Paseo Padre & Stevenson Blvd. Fremont 10am-2pm, Thursdays Year-Round
  - **NILES** 37592 Niles Blvd. Fremont 9am-1pm, Saturdays Year-Round
- LIVERMORE SUNDAY K St. & 3rd St. Livermore 10am-2pm, Sundays Year-Round
- *<b>Q LIVERMORE THURSDAY* 2nd St. & L St. Livermore 4pm-8pm, Thursdays April - October
  - NEWARK Newpark Mall, btwn. Macy's & Sears Newark 9am-1pm, Sundays Year-Round
  - **FRUITVALE** E 12th St. & 34th Ave Oakland 10am-3pm, Sundays 11am-7pm, Tuesdays & Thursdays Year-Round

- 🔁 GRAND LAKE Grand Ave. & Lake Park Ave. Oakland 9am-2pm, Saturdays Year-Round
- 💎 JACK LONDON SQUARE Broadway & Water St. Oakland 9am-2pm, Sundays Year-Round
- NAISER OAKLAND 3600 Broadway Oakland 10am-2pm, Fridays Year-Round
- OAKLAND CHILDREN'S HOSPITAL 52nd St. & MLK Jr. Blvd. Oakland 2pm-6:30pm, Tuesdays Year-Round
- OLD OAKLAND 9th St. & Broadway Oakland 8am-2pm, Fridays Year-Round
- ♠ FEEL THE BEET! Grace Ave. & Lowell St. Oakland 9:30am-2:30pm, Saturdays Year-Round
- 🚵 TEMESCAL 5300 Claremont Ave. Oakland 9am-1pm, Sundays Year-Round
- 🚵 UPTOWN OAKLAND 1 Kaiser Plaza Oakland 10am-2pm, Wednesdays April - November

- 🙋 FREEDOM FARMERS' MARKET 5316 Telegraph Ave. Oakland 10am-3pm, Saturdays May - December
- 秒 PLEASANTON Main St. & W. Angela St. Pleasanton 9am-1pm, Saturdays Year-Round

SAN LEANDRO BAYFAIR Fairmont Dr. & E 14th St. San Leandro 9am-1pm, Saturdays Year-Round

- SAN LEANDRO DOWNTOWN Parrot St. & E. 14th St San Leandro 4pm-8pm, Wednesdays April - October
- 秒 KAISER SAN LEANDRO 2500 Merced San Leandro 10am-2pm, Wednesdays Year-Round
- **WAISER UNION CITY** Whipple Rd. & Union City Blvd. Union City 10am-2pm, Tuesdays Year-Round
- UNION CITY Smith St. & Watkins St. Union City 9am-1pm, Saturdays Year-Round

Market offers Market Match incentives, which match your CalFresh benefits, dollar-for-dollar, up to a maximum per household, per day, while supplies last.

El mercado ofrece incentivos de Market Match, los cuales duplican sus beneficios de CalFresh, dolar-por-dolar, hasta un maximo por casa, por dia, mientras se duren las existencias.

### To find a farmers' market near you that accepts CalFresh, visit FMFinder.org

Para encontrar un Mercado Agrícola que acepte CalFresh cercano a usted, visite FMFinder.org



These materials developed by the Ecology Center's Farmers' Market EBT Program. Funding for this project was provided by the United States Department of ecology center Agriculture (USDA). USDA is an equal opportunity employer.

**Eating healthy** is easier when you have access to fresh, affordable choices.

And now, more than 30 farmers' markets in Alameda County

accept CalFresh EBT.



# Eat healthy and save more with Market Match.



The Market Match program offers additional money to CalFresh EBT cardholders who use their card to buy fresh fruits and vegetables. Be sure to ask your local market if they participate in Market Match! You can identify a market that offers Market Match incentives by looking for a market with an asterisk next to it from the list inside, or by visiting the FMFinder.org website.

For more information on Market Match, visit **marketmatch.org** 

### **IMPORTANT MESSAGE**

ABOUT THIS BROCHURE

If you can't read or understand this brochure, call your worker.

Si usted no puede leer o entender este folleto, llame a su trabajador. (SPANISH)

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اگر شما این جزوه یا رساله را نمی توانید بخوانید و یا درک کنید، با (FARSI) مددکارتان تماس بگیرید.

Kung hindi mo mabasa o maunawaan ang polyetong ito, tawagan ang iyong manggagawa. (FILIPINO)

Nếu quý vị không đọc được hoặc không hiểu được tập quảng cáo này, xin gọi cho cán sự phụ trách hồ sơ của quý vị. (VIETNAMESE)

This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture. The contents of this publication do not necessarily reflect the view or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government. USDA is an equal opportunity provider and employer.

For more information on the Market Match program or on using EBT CalFresh at Farmers' Markets contact the Ecology Center at 510-548-1005, ebt@ecologycenter.org or visit us at ecologycenter.org/ebt.









## More fresh More affordable





EBT card at farmers' markets

across Alameda County.

Find a market near you!

# Use your CalFresh EBT card at farmers' markets across

## **Alameda County.**



For CalFresh EBT cardholders, shopping and eating healthy is now just a market away.

# Here's how:

- Step 1 Go to one of the farmers' markets listed here or find a participating market at FMFinder.org
- Step 2 Find the market's information booth, or the market manager, and ask how to use your CalFresh EBT card. Don't forget to also ask if the market provides Market Match incentives — additional money to spend on fruits and vegetables.
- Step 3 Buy and eat! Enjoy all the fresh, nutritious food you've purchased for you and your family—with more flavor and less cost.

Conveniently located all across Alameda County, farmers' markets are family-friendly, open-air marketplaces where California farmers sell fruits and vegetables, fresh baked goods, jams, juices, olive oils, yogurt and cheeses, fresh fish, pickles, and more—right in your community.



Bay St. & Trimboli Way, Fremont 9am-2pm, Sundays Year-Round

KAISER FREMONT\* Paseo Padre & Stevenson Blvd., Fremont 10am-2pm. Thursdays

37592 Niles Blvd., Fremont 10am-2pm, Saturdays Year-Round

**Participating Markets** 

LIVERMORE SUNDAY\* K St. & 3rd St., Livermore 10am-2pm, Sundays Year-Round

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FRUITVALE E 12th St. & 34th Ave., Oakland 10am-3pm, Sundays 11am-7pm, Tuesdays & Thursdays Year-Round

JACK LONDON

Broadway & Water St.,

9am-2pm, Sundays

KAISER OAKLAND\*

10am-2pm, Fridays

52nd St. & MLK Jr.

3600 Broadway,

SQUARE\*

Oakland

Oakland

Year-Round

OAKLAND

HOSPITAL\*

2pm-6pm,

Year-Round

Oakland

Year-Round

OLD OAKLAND\*

9th St. & Broadway,

8am-2pm, Fridays

CHILDREN'S

Blvd., Oakland

Year-Round

**GRAND LAKE\* DUBLIN\*** Grand Ave. & Lake Central Parkway & Park Ave., Oakland Tassajara Rd., Dublin 9am-2pm, Saturdays 4pm-8pm, Thursdays April - September Year-Round

**BAY STREET EMERYVILLE\*** Bay Street Mall, Emeryville 3pm-7pm, Saturdays April - October

ALAMEDA\*

St., Alameda

& Tuesdays

Year-Round

DOWNTOWN

**BERKELEY\*** 

Year-Round

St., Berkeley

Year-Round

2pm-6:30pm,

Tuesdays Year-Round

Haight Ave & Webster

9am-1pm, Saturdays

Center St. & MLK Jr

Way, Berkeley 10am-3pm, Saturdays

NORTH BERKELEY\*

Shattuck Ave. & Rose

3pm-7pm, Thursdays

SOUTH BERKELEY\*

Adeline & 63rd St.,

CASTRO VALLEY\*

Redwood Rd. &

Norbridge Ave.,

Saturdays May - October

CENTERVILLE Fremont Blvd. & Bonde Way, Fremont 9am-1pm, Saturdays

**IRVINGTON\*** 

Year-Round

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\*Market offers Market Match incentives, which match your CalFresh benefits, dollar-fordollar, up to a maximum per household, per day, while supplies last.

Find the market near you: Visit **FMFinder.org** 



# MARKET MATCH MAKES FARMERS' MARKETS MORE AFFORDABLE.

Market Match doubles your CalFresh nutrition benefits at participating farmers' markets, allowing your family to purchase more fruits and vegetables.

### MARKET MATCH HACE LOS MERCADOS AGRÍCOLAS MÁS ECONÓMICOS.

Market Match duplica sus beneficios de CalFresh en los mercados de agrícolas participantes, y permite a su familia comprar más frutas y verduras.

Go to **FMfinder.org** to find participating Farmers' Markets near you.

Dirígase a **FMfinder.org** para encontrar mercados agrícolas participantes cercanos a usted.

#### IMPORTANT MESSAGE

#### ABOUT THIS BROCHURE

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Si usted no puede leer o entender este folleto, llame a su trabajador. (SPANISH)

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만일 이 소책자를 읽거나 이해하지 못할 경우, 담당 워커에; 전화하십시오. (KOREAN)

Если вы не можете прочесть или понять данную брошюру, позвоните, пожалуйста, работнику, ведущему ваше дело. (RUSSIAN)

Kung hindi mo mabasa o maunawaan ang polyetong ito, tawagan ang iyong manggagawa. (FILIPINO)

Nếu quý vị không đọc được hoặc không hiểu được tập quảng cáo này, xin gọi cho cản sự phụ trách hồ sơ của quý vị. (VIETNAMESE)

Go to marketmatch.org to learn more.

Diríjase a marketmatch.org para más información.





Market Match is a project of the Ecology Center. This project is funded in part by First 5 LA and NIFA USDA.

Market Match es un proyecto del Ecology Center. Este proyecto está financiado en parte por First 5 LA y NIFA USDA.

Local market partners:









DOUBLE YOUR FOOD DOLLARS

### GET MORE FRUITS & VEGETABLES

Fresh Food Made Affordable

DUPLIQUE SU PRESUPUESTO PARA ALIMENTOS

OBTENGA MÁS FRUTAS Y VERDURAS

Alimentos frescos y económicos



### Here's how to get twice as much healthy food for you and your family:

- Go to one of the farmers' markets listed here or find a participating market at FMFinder.org
- 2 Look for the Market Match sign at the market's information booth
- Use your CalFresh and have your benefits doubled\*
- 4 Buy more fresh, locally-grown fruits and vegetables

# Aquí entenderá cómo conseguir el doble de alimentos saludables para usted y su familia:

- 1 Vaya a uno de los mercados de agrícolas de nuestra lista o encuentre un mercado que participa en FMFinder.org
- 2 Busque el letrero de "Market Match" en el puesto de información del mercado
- 3 Utilice su CalFresh y duplique sus beneficios\*
- 4 Compre más frutas y verduras frescas, cultivadas localmente



#### **Participating Markets**

#### **MERCADOS PARTICIPANTES**

ADAMS/VERMONT • † \*
1432 W. Adams Blvd
Los Angeles, CA 90007
Wednesdays, 2:00pm-6:00pm

ALTADENA • † \*
600 W. Palm St
Altadena, CA 91001
Wednesdays, 3:00pm-7:00pm

BALDWIN HILLS/CRENSHAW 3650 MLK Blvd • † Los Angeles, CA 90008 Saturdays, 10:00am-3:00pm

CÉNTRAL AVE ● † 4301 Central Ave Los Angeles, CA 90011 Thursdays, 10:00am-3:00pm

COMPTON • † \*
Gateway Towne Center
Compton, CA 90220
Saturdays, 9:00am-1:00pm

EAST HOLLYWOOD ● † \*
5448 Hollywood Blvd
Los Angeles, CA 90027
Thursdays, 3:30pm-7:30pm

EAST LOS ANGELES • † \*
4801 E. 3rd St
Los Angeles, CA 90022
Saturdays, 9:00am-2:00pm

ECHO PARK • † 1125 Logan St Los Angeles, CA 90026 Fridays, 3:00 pm-7:30pm

GARDENA • † \*
13000 S. Van Ness Ave
Gardena, CA 90249
Saturdays, 8:00am-1:00pm

HUNTINGTON PARK • † \*
3401 E. Florence Ave
Huntington Park, CA 90255
Wednesdays, 9:30am-1:30pm

INGLEWOOD ●
Market St & Manchester Blvd
Inglewood, CA
Every third Thursday
3:00pm-7:00pm

KAISER SOUTH BAY • † \*
25825 S. Vermont Ave
Harbor City, CA 90710
Wednesdays, 10:00am-3:00pm

LA CIENEGA • † \*
1801 S. La Cienega Blvd
Los Angeles, CA 90035
Thursdays, 2:00pm-7:00pm

LONG BEACH DOWNTOWN 300 Pacific Ave • † \* Long Beach, CA 90802 Fridays, 10:00am-4:00pm

MAR VISTA • † \*
12200 Venice Blvd
Los Angeles, CA 90066
Sundays, 9:00am-2:00pm

MONTEREY PARK ● † \* 318 S Ramona Ave Monterey Park, CA 91754 Fridays, 4:00pm-8:00pm

OLD TOWN NEWHALL • † \* 22520 Lyons Ave
Santa Clarita, CA 91321
Saturdays, 8:30pm-12:30pm

POMONA • † \*
Pearl & Garey Ave
Pomona, CA 91768
Saturdays, 7:30am-11:30am

SANTA MONICA PICO ● † \* 2200 Virginia Ave Santa Monica, CA 90404 Saturdays, 8:00am-1:00pm

VALINDA • † \*
747 Rimgrove Dr
La Puente, CA 91744
Thursdays, 2:00pm-7:00pm

WATTS HEALTHY • †
1335 E. 103rd St
Los Angeles, CA 90002
Saturdays, 10:00am-2:00pm

WELLINGTON SQUARE ● † \* 4394 Washington Blvd Los Angeles, CA 90016 Sundays, 9:00am-1:00pm

#### LEGEND

- CalFresh matched

\* - SSI / SSDI matched

† - WIC participants served (match amount and type varies)

<sup>\*</sup>CalFresh benefits are matched dollar-for-dollar, up to \$10 per family, per market day. For a limited time until funds are exhausted. Some restrictions may apply. Ask your market manager about matching your WIC and SSI/SSDI benefits.

<sup>\*</sup>Los beneficios CalFresh se duplican dólar por dólar, hasta \$10 por familia, por día de mercado. Por un tiempo limitado. Algunas restricciones apliquen. Consulta el gerente del mercado sobre cómo se puede duplicar sus beneficios de WIC y SSI/SSDI.