

EN•ACT 2011

nutrition & activity day

AB 839 (Brownley) Putting Breakfast First

The Problem



- Eating school breakfast is associated with better nutrition, better health, and improved academic achievement.
- Nearly 750 public schools in California with over 54,000 low-income students do not offer the federally funded School Breakfast Program (SBP).
- Over 2.3 million low-income students are not served by the program.
- California schools missed out on ~\$350 million in federal funds during 2009-10 due to low SBP participation.

Positive Changes



- Serving breakfast in the classroom, after the first bell, or from multiple locations on campus can increase participation and bolster school district budgets.
- School districts must consider both why they are not operating SBP and the array of changes that can increase SBP participation.
- Schools can improve student health, support academic achievement, and capitalize on available federal funds by putting breakfast first.

The Statewide Solution



AB 839 will help put students and breakfast first by:

- Placing public, data-driven discussions about the need and opportunities to improve school breakfast on school board agendas;
- Pairing these discussions with school board resolutions to change school breakfast practices or maintain the status quo; and
- Ensuring that school districts share the compiled evidence and enacted resolutions with the California Department of Education.

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