



# FOOD AND NUTRITION SURVEY



California Food Policy Advocates is conducting an online and telephone survey to learn more about the food and nutrition needs of families with children under the age of 5. Your responses will inform recommendations to improve access to WIC and CalFresh.

The information you share will be kept private. We will only contact you if you choose to provide your information.

We will be collecting responses until **5pm on Saturday, February 18.**

Take our survey here:

<https://www.surveymonkey.com/r/HXP5HYF>

If you have any questions about the survey, please contact **Hector Gutierrez** at 213.482.8200 ext. 202 or [hector@cfpa.net](mailto:hector@cfpa.net).

**TELL US ABOUT YOURSELF AND THE PEOPLE YOU LIVE WITH****1. Would you like to enter a \$100 raffle for taking this survey?** Yes  No(If yes, we will ask for your contact information at the end of the survey.)**2. How old are you?** 18-25  26-35  36-45  46-55  56-65  66 or older(Select only one)**3. What is your gender?** Female  Male  Decline to state  Other**4. How many people, including yourself, live in your home?** 1  2  3  4  5  6  If more than 6 how many? \_\_\_\_\_**5. What was total household income in 2016, before taxes?** Less than \$20,000  \$20,000 - \$29,999  \$30,000 - \$39,999  \$40,000 - \$49,999  \$50,000 - \$59,999  
 \$60,000 - \$69,999  More than \$70,000**6. What county do you live in?** \_\_\_\_\_**7. Which of the following describe you or anyone living with you? (Check all that apply)** Parent or guardian to a child or children under the age of five  Currently pregnant  Pregnant within the last six months  
 Had a baby within the last six months  Child under the age of one  Child between the ages of one and five  None of the above**TELL US ABOUT YOUR FOOD AND NUTRITION NEEDS****8. In the past year, did you contact any of the following to get food for you or your family? (Check all that apply)** Friend or family member  School  Church (or other faith-based organization)  Food bank or food pantry   
County Welfare Office (CalFresh Office)  WIC office  Doctor (or any health care provider or clinic)  Other, please specify \_\_\_\_\_**9. Are you currently participating in WIC?** No (go to question 10)  Yes (go to question 11)  I do not know (go to question 11)**10. Why are you not participating in WIC? (Check all that apply)** I have never heard of WIC  I do not think I qualify for WIC  I do not need WIC  I participate in CalFresh (also known as Food Stamps) instead  I found it hard to apply to WIC  I cannot get to the WIC office  I used to participate in WIC, but did not like it  My income is too high  No time/too busy  Other, please specify \_\_\_\_\_**11. Why are you participating in WIC? (Check all that apply)** WIC helps me to have enough food to feed my children  We really like the fruits and vegetables  WIC has good breastfeeding support  I had or want to have a Breastfeeding Peer Counselor  WIC staff are so helpful and supportive   
I need the infant formula to feed my baby  I like the WIC classes  WIC has many ways to support me, more than many programs  Other, please specify \_\_\_\_\_**12. If you have ever participated in WIC, did you find it hard to apply?** Yes (go to question 13)  No (go to question 16)  I do not know (go to question 16)  
 I have never participated in WIC (go to question 16)**13. What was hard about applying for WIC? (Check all that apply)** Too many requirements to apply  The application process was too long  The application process was confusing  
 The WIC agency was too far away  I was sick or injured  I had to take care of a family member or someone else  I could not get child care  Information was not in my language  Other, please specify \_\_\_\_\_

**14. If you have ever participated in WIC, did you find it hard to stay on the program?**

- Yes (go to question 15)  No (go to question 16)  I do not know (go to question 16)  I have never participated in WIC (go to question 16)

**15. What makes it hard to stay on WIC? (Check all that apply)**

- Too many requirements  Too many WIC appointments  Getting to the WIC agency was hard  It was not worth it  I did not like using the WIC checks to shop  I did not like WIC foods  Information was not in my language  I found it easier to get CalFresh (also known as Food Stamps)  Other, please specify \_\_\_\_\_

**16. Do you or others in your household participate in CalFresh (also known as Food Stamps)?**

- No (go to question 17)  Yes (go to question 18)  I do not know (go to question 18)

**17. Why aren't you or others in your household participating in CalFresh? (Check all that apply)**

- I have never heard of CalFresh  I did not think I would qualify  I did not need CalFresh  I found it easier to use WIC  I found it hard to apply  I could not get to the County Welfare Office (Social Services)  I used to get CalFresh, but did not like it  No time/too busy  Other, please specify \_\_\_\_\_

**18. If you or others in your household have ever participated in CalFresh, was it hard to apply?**

- Yes (go to question 19)  No (go to question 20)  I do not know (go to question 20)  Have never participated in CalFresh (go to question 20)

**19. What is hard about applying for CalFresh? (Check all that apply)**

- Too many requirements to apply  The application process was too long  The application process was confusing  It was hard getting in touch with a case worker  I was sick or injured  I had to take care of a family member or someone else  I could not get child care  Information was not in my language  Other, please specify \_\_\_\_\_

**20. In the past year, have you used any of these programs to get food for you or your family? (Check all that apply)**

- Free or reduced-price school meals  Free meals or snacks from an afterschool program  Free meals during the summer  Free meals through child care  Food from my local food bank or food pantry  Other, please specify \_\_\_\_\_

**ARE YOU INTERESTED IN TELLING US MORE?**

**21. Is there anything else you would like to tell us about applying to or participating in WIC or CalFresh?**

\_\_\_\_\_

**22. Are you interested in a taking part in a focus group to share more about your experience with programs like WIC and CalFresh? You will receive a \$25 gift card for participating.**

- Yes  No

**23. Please provide your contact information if you are interested: <https://www.surveymonkey.com/r/PFCJLXJ>**

Name: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**24. Best time to contact you:**  Morning (8-10 am)  Mid-day (11-1pm)  Afternoon (2-3pm)  Evening (4-6pm)

**25. Best way to contact you at that time:**  Email  Phone